



TE-palvelut
tjänster | services

Uudenmaan työ- ja elinkeinotoimisto

te-palvelut.fi

Job search course – 5 + 1 days

Helsinki 26.2. – 2.3.2018

Time

26.2. – 2.3.2018, 9.00–14.30. Catch-up session 4.4.2018, 9.00–14.30.

Location

Itäkeskus, conference room, Turunlinnantie 4A 4. krs (Yrittäjien palvelukeskustalo), 00930 Helsinki

Target group

Jobseekers who are currently unemployed and registered at Uusimaa TE-services

Course number

676372

Course content

During this course you will set clear goals and get the necessary information and skills for job search - with the help of a career coach. You will also actively apply for open vacancies. The content will be tailored for the participants' needs.

Course content includes:

- Identifying one's own strengths and finding motivation
- Working life and job market situation
- Job search documents, channels, methods and interview preparation
- Social media in job search
- Entrepreneurship
- Personal plan for further job search

Our way of coaching

The course is based on learning through versatile practical exercises. You will be working in groups, pairs and individually. During the course you will make a personal plan for further job search with the assistance of our experienced career coach. A catch-up session is arranged on the 4th of April. There is also a possibility to participate in a one month online course.

How to apply

You can apply to the course by contacting TE-services:

- If you already have a contact person at TE-services, contact him/her by phone or e-mail at [kirjaamo.uusimaa\(at\)te-toimisto.fi](mailto:kirjaamo.uusimaa(at)te-toimisto.fi) (please be aware that using e-mail via an unencrypted connection might contain an information security risk)
- Leave a call-/message request to our E-services at www.te-services.fi
- Fill out the online application form at <http://toimistot.te-palvelut.fi/uusimaa/ajankohtaista>

Service provider

Valmennuskeskus Public

More information

Valmennuskeskus Public

tel. 020 7280 345

public@valmennuskeskus.fi

The course is free for the participants!

