

COMPETENCE AND VOCATIONAL SKILLS **MAPPING**

Are you considering finding a new job, changing career, or applying to an educational institution? Do you feel like your competence and vocational skills could use some development?

In this personal service, we map out your competence and skills so that you can see how to use and develop them further. As a result of this assessment, applying for a job or a study program, or finding other solutions becomes easier.

Together we will discuss your options and we will help you find the best tangible solution for your current situation.

CONTENT

This service is customised to the client and it takes place over 20 days at most. The first meeting is held face-to-face in your home

After the first meeting, the assessment and counselling can be continued over remote access or by telephone. Where necessary, we ensure that you have all the remote access equipment you need to continue the assessment.

you and your personal needs.

MORE INFORMATION

Arffman, coach Kaisa Mansikka, kaisa.mansikka@edu.arffman.fi, 044 761 9095

You can also leave a contact request using the Oma asiointi online service at www.te-palvelut.fi

Topics of discussion:

- job application documents
- job interview
- evaluation of competence and strengths
- self-assessment
- assignments and tests
- assessments carried out at a workplace, over 10 days at most when necessary
- analysis, reflection, and counselling discussions
- · drafting a proposal for an employment plan

Competence mapping to be carried out at a workplace can also take place in another municipality where there is a suitable workplace that matches your professional field.

The service and its content are always customised to

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