

# Work coaching Lapland

Choose  
a short cut  
to work!



## What?

You will receive the support of an experienced coach for your job seeking throughout the service. The content of the service is designed according to your needs. The coaching consists of personal meetings (face-to-face or remote) and tasks in between to promote your job search.

## The content of the training

- Personal coaching plan and job seeking supported by a coach
- Competence mapping and marketing of one's own competence to employers
- Job application documents, job seeking methods and how to prepare for an interview
- Job seeking process and hidden job places
- Company visits
- Help from a coach in finding suitable jobs for you
- If necessary, support and guidance at the beginning of the employment relationship
- Possibility to complete working life cards

## To whom?

Jobseekers who are clients of the Lapland (Lappi) TE Office or the Rovaniemi region government pilots on employment. The service is suitable for people in the employment phase who need support in finding work, finding employment or starting an employment relationship.

## Where?

The coaching is carried out as face-to-face guidance in the customer's place of residence or as remote guidance via video conference. The guidance method is agreed upon together with the customer. At least one meeting takes place face-to-face in the customer's place of residence.

## Duration

The duration of coaching is up to 3 months.

## How to apply?

You can apply through local TE Office or government pilots on employment or via this link: <https://toimistot.te-palvelut.fi/lappi/tyohonvalmennus>

## More information:

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