



TE-palvelut
tjänster | services

Uusimaa TE office

te-palvelut.fi

Entrepreneurship

The TE Office offers several services that support entrepreneurship; whether you are interested in entrepreneurship, starting a business, or already run your own business.

Planning for a business

On [Suomi.fi website](#) you can obtain information on starting a business, financing, responsibilities, obligations and developing a business. You can access the portal at www.suomi.fi/company.

The Enterprise Finland telephone service offers advice to start-ups and existing businesses and offers guidance on starting up your own business. Telephone service is open Mon-Fri, from 9am to 4.15 pm, tel. 0295 020 500.

More info on entrepreneurship and Entrepreneur Guide can also be found at [Finnish Enterprise Agencies website](#). Information is available in multiple languages.

Vocational guidance and career planning

TE Services offer free career guidance (AVO) that helps to assess career choices and your suitability for entrepreneurship. You can make an appointment for career guidance by phone, Monday-Thursday from noon to 2 pm, tel. 02950 41400. In addition, you can test your suitability for entrepreneurship with a work try-out. Find an entrepreneur who can act as your mentor and then contact the TE office.

Entrepreneur training

When you already have a business idea in mind, you can seek training to develop your own entrepreneurial skills. You can find free entrepreneurship training courses by searching on the TE Services website. Use the search words "Entrepreneur" and "Uusimaa" at [TE services website](#). A good level of Finnish language skills is often required for participation.

Personal business advice

Finnish Enterprise Agencies and development companies provide free advice on how to found a company. They can help you, for example, with the assessment of the profitability of your business idea and in finding out financing options. In addition, they can help you in choosing the company type. Contact details:

Askola ja Myrskylä: www.proagria.fi/en
Espoo: www.yritysespool.fi/en/
Helsinki: www.newcohelsinki.fi/en/
Hyvinkää: www.yritysvoimala.fi
Keski-Uusimaa, Karkkila: www.keuke.fi

Lohja ja Raasepori/ Länsi-Uusimaa: www.novago.fi/en/
Mäntsälä: www.yrityskehitys.net/in-english
Porvoo: www.posintra.fi/en/
Vihti ja Länsi-Uusimaa: www.yritysvihti.fi
Vantaa: www.yritysvantaa.fi/en/



Start-up grant

The start-up grant is a TE service that provides financial support for covering personal livelihood of a new entrepreneur aiming to engage in full-time entrepreneurship. Applications for start-up grant can be submitted by unemployed people, people planning to leave paid employment to start a business, or students, for example. If you intend to expand your previous part-time business into a full-time entrepreneurial activity, the start-up grant must be applied for and a decision must be made on it before the activity becomes full-time. All company types and industries are eligible. Start-up grants are awarded for 6 months at a time, usually in one to three periods. The grant amount is: about 700 euros per month. A start-up grant is personal, taxable income.

Conditions for a start-up grant

- The future business activities are, by nature, full-time, permanent and profitable.
- The applicant has sufficient skills, training and work experience in the field and capabilities for becoming an entrepreneur.
- Financing, business premises, permits and the equivalent are already known; the applicant must have all of the prerequisites for setting up a company and launching business operations.
- The financial support is needed for new entrepreneur's livelihood.

The Start-up grant will not be granted if

- The applicant's full-time entrepreneurship has started before the decision on the start up grant has been made.
- You have other income, incl. salary, student allowance, parental allowance, pensions.
- Non-trivial tax debts or payment defaults. We will check your credit history.
- The entrepreneurship provides a reasonable livelihood straight away. The financial risks are very low.

How to apply for a start-up grant

1. Draw up a preliminary business plan (LTS) and profitability calculations for example in [My Enterprise Finland](#).
2. Book an appointment for personal business advice at the nearest Enterprise Agency. You will get relevant information on starting your business and also feedback, guidance and new ideas on developing your business plan further.
3. Finalise your business plan after your appointment at the Enterprise Agency and acquire other attachments for your application.
 - Order your tax debt certificate at [Finnish Tax Administration website](#).
 - If necessary, request a promise for a loan for financing needs.
 - Negotiate a (pre) contract for business premises.
 - Update your CV
4. If necessary, ask for more information from the TE office, email: starttiraha.uusimaa@te-toimisto.fi
5. Submit your start-up grant application electronically, with attachments at the [TE Services website using E-Services](#). Please note that you should submit your application two to four weeks before the planned start of your business.
6. We will contact you after receiving your application if we need further information to process your application. You will receive a decision approximately two weeks after submitting the application and all of the requested endosures.